

## **ANNETTE PEDDLE**

### **PERSONAL PROFILE**

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High energy, experienced, Rehabilitation Support Worker and empathetic caregiver to my traumatic brain injured spouse who survived a car accident in 1991. I am devoted to raising our three children, who were born following the accident, and providing my husband with the support and the strategies necessary to address the physical, cognitive, personality, emotional, interpersonal and recreational consequences of his injury.

### **OBJECTIVES**

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Based on nineteen years of professional and personal experience, assist:

- Survivor: in everyday life skills and regaining as much independence as possible
- Survivor: in relearning skills and learning new skills and applying these skills to new situations
- Survivor: to become aware of his or her losses so that he/she may employ strategies to compensate for these and capitalize upon their strengths
- Survivor: in building his/her self esteem
- The families: by offering practical suggestions for managing the survivor's behavior
- Rehabilitation team: by identifying where adjustment problems lie by providing strategies to assist survivor and families in working through the problems
- Families: with coping, managing and enduring the stresses that caring for the individual requires
- Families: in making functional and healthy responses to change by helping reassign new roles to appropriate family members while allowing the individual members to meet their own personal needs and pursue their own goals while giving the utmost respect, and understanding to the survivor and families
- Survivor: To assist the brain injured individual by working closely with other rehabilitation professionals

### **CAREER HISTORY**

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**Rehabilitation Support Worker**  
Wright Rehab: Stroud, ON

**2003 – Present**

Responsibilities include:

- Working in the home & community with acquired brain injury individuals
- Support with social integration

- Support with all rehabilitation team and family
- Support with computer skills and other interests

**Rehabilitation Support Worker (to brain injured spouse)****1991 – Present**

Responsibilities include:

- Support with anger management
- Support with O.T.
- Support with P.T
- Support with community integration and social skills
- Actively participated in couple counseling
- Support with computer training

**Department Head / Events Coordination****1990 – 1998**

The Manor at Carrying Place by Peter &amp; Paul's: Kettleby, ON

Responsibilities included:

- Managing and booking 32,000 square foot banquet facility
- Client management
- Supervision, training and performance evaluation for Events Department staff
- Managing Accounts Receivable and Accounts Payable related to banquet facility
- Organizing and running weekly staff meetings
- Educating and training with new computer programs

**COURSES / SEMINARS**

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**Program in Home and Community Based Rehabilitation – Level 1**

Brock University in collaboration with the Ontario Brain Injury Association

**Advanced Rehabilitation for Person with Acquired Brain Injury – Level 2**

Brock University in collaboration with the Ontario Brain Injury Association

**Rehabilitation for Children with Acquired Brain Injury – Level 2**

Brock University in collaboration with the Ontario Brain Injury Association

**Wright Rehab In-service Annual Training Seminars****How to Start a Small Business**

Georgian College: Barrie, ON



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wrightrehab.ca

## EDUCATION

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**3 Year Tourism Industry Administration Diploma**  
Seneca College: King City, ON

**1990**

## COMMUNITY

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- Canadian Cancer Society - Canvasser
- Tecumseth South Central School Better Readers Program - Volunteer Teaching Assistant
- Tottenham United Church - Sunday School Teacher

## EXTRACURRICULAR ACTIVITIES

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Avid Mountain biker and road Cyclist, enjoy running, hiking, snowboarding, swimming, and reading.